

Changing Lives
Creating Community

Building B
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▶ January 2012

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Field Trip: Library	1	2 Holiday— Program Closed	3 Make Paper Snowflake Names	4 Winter Word Search, Word Jumble, Alphabetize	5 Nutrition: Let's eat for the health of it	6 Field Trip: Library	7
Social Emphasis: Sharing fun of reading with others.							
Life Skills: Volunteerism—reading to others, helping at Humane Society	8	9 Make "A Cat with a Hat" mini- book.	10 Practice reading "A Cat with a Hat" book	11 Read "A Cat with a Hat" book to DTA members	12 Nutrition: Tipsheet 1— Choose MyPlate REVIEW	13 Movie Day!	14
Everyday except Club Friday includes: 20 minutes of math/reading; 20 min- utes of exercise and 20 minutes of arts/crafts	15	16 Snowman Math —Addition Board	17 Crafts: Button Bookmarks	18 Art: Abstract Animals	19 Nutrition: Tipsheet 2 – Vegetables REVIEW	20 Field Trip: Library	21
<i>** Every Tuesday: Volunteer activity at Humane Society for members that have completed volunteer paperwork</i>	22	23 Make "Gingerbread Man" mini-book	24 Practice reading "Gingerbread Man" book	25 Read "Gingerbread Man" book to DTA members	26 Nutrition: Tipsheet 3—Focus on Fruits REVIEW	27 Movie Day!	28
	29	30 Crafts: Coffee Filter Fan	31 Art: Crayon Covered Rock Paperweight				



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▶ February 2012

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Field Trip: Library				1 Crafts: Heart Bear Paper Craft	2 Nutrition: Tipsheet 4—Make half your grains whole REVIEW	3 Field Trip: Library	4
Social Emphasis: Friendship							
Life Skills: Eating Right, Making Healthy Choices	5	6 Crafts: Valentine's Day Wreath 3D Heart Paper Craft	7 Crafts: Cat Heart Wreath Paper Plate Wreath	8 Make "Valentine's Day Riddles" mini-book	9 Nutrition: Tipsheet 5—Got Your Dairy Today? REVIEW	10 Movie Day!	11
Everyday except Club Friday includes: 20 minutes of math/reading; 20 minutes of exercise and 20 minutes of arts/crafts	12	13 Practice reading "Valentine's Day Riddles" book	14 Read "Valentine's Day Riddles" to DTA members	15 Crafts: Friendship Wreath	16 Nutrition: Tipsheet 6—Protein—Variety is Key REVIEW	17 Field Trip: Library	18
<i>** Every Tuesday: Volunteer activity at Humane Society for members that have completed volunteer paperwork</i>	19	20 Sequencing: How to Make Cookies	21 Make Cookies and Cards	22 Distribute cards and cookies to staff	23 Nutrition: Tipsheet 7—Build a Healthy Meal REVIEW	24 Movie Day!	25
	26	27 Art: Color Lifting	28 Art: Cherry Tree	29 Crafts: Rainbow Fish Coffee Filter Craft			

